

Woodward Wildcat



December, 2018

Principal's Message:



Dear Woodward Families,

Can you believe that December is already here? There are 33 days until we are in a new year (2019)! As we celebrate the various holidays and spend time with our families, we should also remember those that may not be as fortunate as we are and give thanks. Thanks for our children, families, friends, and thanks for the blessings in our lives.

All of us are not fortunate to have our loved ones with us to share at this time. Let's remember the reason for the season. It's about helping one another, with just simple gestures. Opening the door for someone, saying thank you, or can I help you in some way.

Within the next 33 days, I challenge you each day to do one thing for someone else and not expect anything in return but thank you. Thank you for all that you do to aid us in this journey of learning for our students.

Have a Blessed Holiday!!



In the best interest of children,
Dr. Carla F. Cunigan

Dates to Remember



Asthma Van	December 3
Kg Field trip to Magic House	December 6
PBIS Reward Party	December 7
Love, Literacy and Lunch (Moms/Caregiver meeting)	December 7
Kg Field trip to Botanical Gardens	December 12
Vision Screenings	December 17
Parent Meeting Mind, Body & Soul 9:30-10:30	December 19
Record Keeping Day No school for students	December 21
Christmas District Closed	December 24-25
Winter Break No school for students	December 26-31
New Year's Day District Closed	January 1
Winter Break (cont.) No school for students	January 2-4
Classes resume	January 7

Character Word of the Month:

Confidence



Dressing for the Weather



School-wide PBIS

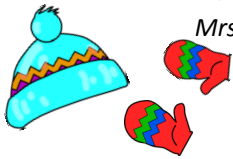
Mrs. Warren, School Counselor

Students, please remember to follow
ALL of the school expectations:

1. Be Respectful
2. Be Responsible
3. Be Safe

Our Character word for November is
Confidence This means:

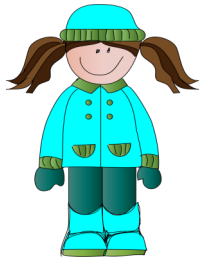
Believing in yourself. Confidence is having faith in something or someone. It is a kind of trust. When you have self-confidence, you trust that you have what it takes to handle whatever happens.



Mrs. Warren, School Counselor

The cold weather has returned. Please make sure your children are dressed appropriately for these cold days. Hats, boots, snow pants, warm coats, and gloves or mittens are essential for the students to be able to enjoy their time at play outside.

We will be going outside as long as the temperature is above freezing (32 and above). We want them to be comfortable while enjoying these brisk winter days.



Don't Forget...

Ms. Carol Walker, FCS



*Ho, Ho, Ho,
Santa Claus is coming to Woodward!*



PICTURES WITH SANTA

When: Thursday, December 6, 2018

Time: 10:00 a.m. – 12:00 p.m.

Pictures will be developed and available to take home the same day.

Wildcat Store



The store will be open during lunch time on every Friday for all students that have at least 5 **Violet** days in a row.





Ms. Carol Walker, FCS

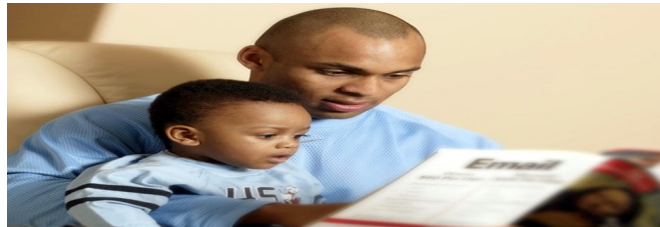


KUDOS

DADS ARE AWESOME!

I WANT TO GIVE A BIG KUDOS TO ALL THE DADS, STEPDADS, GRANDDADS, OR MALE FIGURES IN OUR CHILDRENS LIVES WHO SHOWED UP FOR “DONUTS with DADS”.

We had some great conversation about how we can support our children in school and outside of school. Our special guest, *The Father Support Center*, gave support and great information for our Dads to help in this journey as they help parent our children. Remember it takes a village !!!!! Way to go!!



Don't Forget...



Moms Matter

Parent Meeting

LOVE, LITERACY, and LUNCH

When: December 7, 2018

Where: Woodward School Cafeteria
(during your children's lunch period)

Grade level lunch periods:

12:00-12:30	Pre-school
12:30-1:00	Kg. & 1 st grade
1:05-1:35	4 th & 5 th grade
1:40-2:10	2 nd & 3 rd grade

Moms / Caregivers, you are invited to have lunch with your child or children. You can bring your child's favorite lunch or you can purchase a lunch from the cafeteria on that day for just \$3.65.



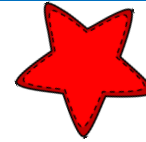
Mind, Body, & Soul

When: Wednesday, December 19, 2018

Where: Woodward Data Room
9:30am- 10:30am



Student of the Month



submitted by Mrs. Warren, School Counselor

Congratulations to the following students who were nominated as August/September "Student of the Month" for "Respect".

Kyanna Smith-Pre-school
Nominated by Mrs. Smith

Bethany Ndigijimana- Pre-school
Nominated by Mrs. Jarnegan

Brianna Clark-Kindergarten
Nominated by Mrs. Eleta

Hawa Ahmed-Kindergarten
Nominated by Mrs. Platts

Noor Chaudhry-1st grade
Nominated by Ms. Lycke

James Lewis -Kindergarten
Nominated by Ms. Bowen

Aneesa Savage -2nd grade
Nominated by Mrs. Overmann

Domingo Diego -2nd grade
Nominated by Mrs. Ramage

Rengsona Yawa-2nd grade
Nominated by Mrs. Osikoya

Jaelah Sanders - 3rd grade
Nominated by Ms. Enserink

Muhammad Bakhtari-3rd grade
Nominated by Mrs. Owen

Elody Resendiz-Hurtado -4th grade
Nominated by Ms. Al-Baaj

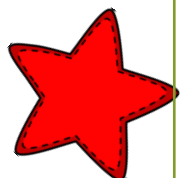
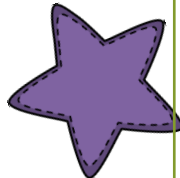
Camille Booker- 4rd grade
Nominated by Mrs. Tretter

Ashley Robledo -5th grade
Nominated by Mr. Ehat

Adago Wawi-4th grade

Aysa Momand 4th grade

Sam Gravatt 5th grade
Nominated by Mrs. Zambito



Congratulations to the following students who were nominated as October "Student of the Month" for "Independence".

Maurice Hubbard-Pre-school
Nominated by Mrs. Smith

Damoni Reese- Pre-school
Nominated by Mrs. Jarnegan

Ricki Hubbard-Kindergarten
Nominated by Mrs. Eleta

Ayden Whitfield -Kindergarten
Nominated by Mrs. Platts

Horria Allen -1st grade
Nominated by Mrs. Rome

Kaliyah Smith -1st grade
Nominated by Ms. Lycke

Jerryiah Jordan-2nd grade
Nominated by Ms. Bowen

Safiro Aguirre-Vasques -3rd grade
Nominated by Mrs. Overmann

Tyrie Catchings -2nd grade
Nominated by Mrs. Ramage

Nadia Sikutu-2nd grade
Nominated by Mrs. Osikoya

Gael Andon - 3rd grade
Nominated by Ms. Enserink

Vidal Garcia-Mendoza -3rd grade
Nominated by Mrs. Owens

Ramlo Ali -4th grade
Nominated by Ms. Al-Baaj

Estefani Aguirre-Vasquez - 4rd grade
Nominated by Mrs. Tretter

Gael Andon-3rd grade

Maidelin Hernandez-Avila 4th grade

Solange Nyiramahirwa 5th grade
Nominated by Mrs. Zambito



Andrew Fisher -3th grade
Nominated By Ms. Carter

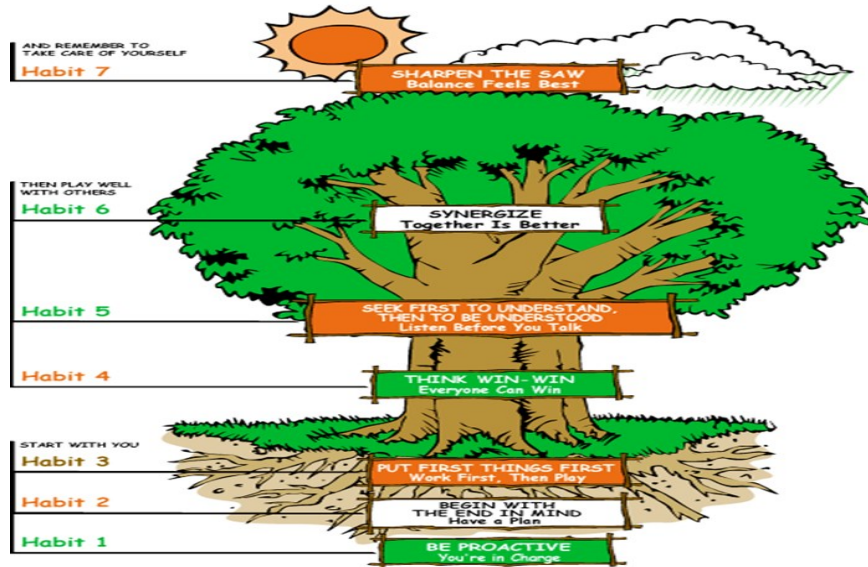
Reem Alzin -5th grade
Nominated by Mr. Ehat

Leah Hollis -5th grade
Nominated by Mrs. Fouse



Credits: kids illustrations by Sally Clinton/Clip Art Frenzy.
color stars by A. Hughes Design

The 7 Habits



Mrs. Warren, School Counselor

Dear Parents and Caregivers,

We are excited to introduce monthly lessons, which we believe will have a profound effect on the staff, students, and community of our school. Students will be taught and practice the **7 Habits of Highly Effective People**. These lessons empowers young people to make positive, effective, and responsible choices by introducing and reinforcing the **7 Habits, a set of leadership and life skills from Stephen Covey's book *The 7 Habits of Highly Effective People*, and, 7 Habits of Happy Kids by Sean Covey.**

These lessons provide students with activities that will help them learn practical character and life skills that will lead to those positive choices. They are written to appeal to their age level, students are presented with fun activities designed to get them thinking. Your student is about to embark on an exciting journey and our hope is that you will ask your student how he/she is doing along the way. Having your student re-teach the content to you will give him/her an even deeper understanding and will give both of you an opportunity to learn together!

When taught and practiced in a school environment, these 7 habits have been proven to improve academic engagement, comprehension, and performance by strengthening individual work habits and improving social interactions. They help improve student performance and support school success by helping to foster the qualities of independence (goal-setting, organization, time management, and planning); interdependence (teamwork, conflict management, creativity, and analytical skills); and renewal (fun, desire to learn, and good health & hygiene). We hope that implementing the 7 Habits of Highly Effective People will help provide a caring and nurturing learning environment for our students. Teaching students and developing leaders is our goal! Through the teaching of the 7 habits, our staff is working together with students to create a school that maintains the dignity of children through productive interactions while fostering positive relationships with parents.





Red Ribbon Week

Door Decorating Contest Winners

Mrs. Warren, School Counselor

Pictures taken by Student Photojournalist Abdirahman Ali

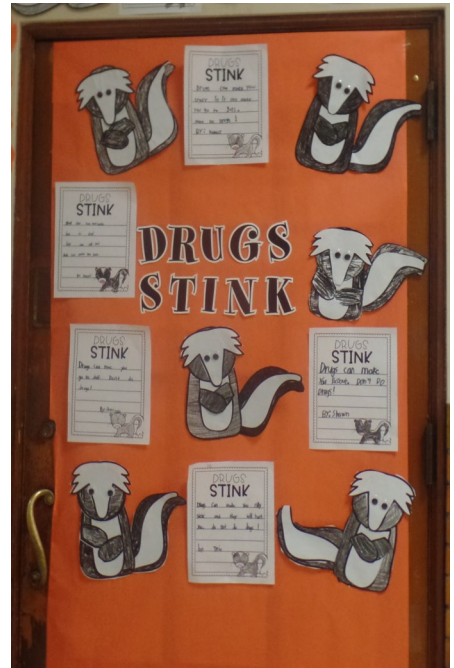
For Visual Impact
"Best Overall"

Winner: Ms. Tretter



For Red Ribbon Theme
(Fun, eye-catching, and communicates "Red Ribbon Theme")

Winner: Mrs. Ramage



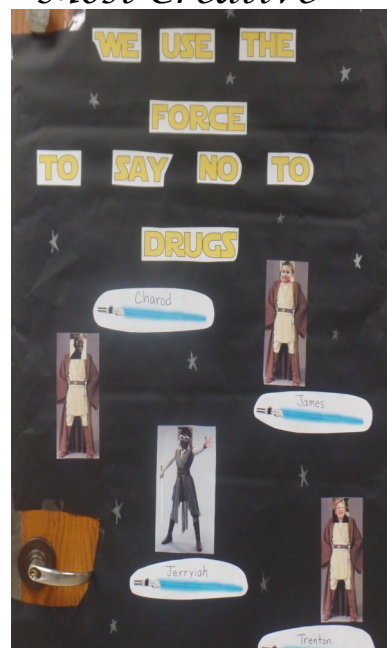
For Craftsmanship

Winner: Mrs. Smith



For Originality
"Most Creative"

Winner: Mrs. Bowen





Nurse Notes

Mrs. Devitt, BSN, RN

Family Resource Center @ BJC

BJC Healthcare has a number of resources for families on their “Family Resource Center” website, including apps (free and paid) for both Android and Apple. The apps are categorized by *Pain Management, Healthy Habits, Relaxations, Stress Management, and others*. Please visit the link below for more information.

<http://www.stlouischildrens.org/health-resources/family-resource-center/apps-apple-and-android>

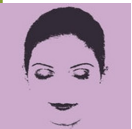
Here are some examples of apps listed on the website. Please visit BJC website for the full list:



NFL Play 60 allows you to run, jump, and turn WHILE HOLDING YOUR DEVICE and your character does the same. You move, and your character moves on screen. Jump into this super cool and fun game brought to you by the National Football League and the American Heart Association.



Healthy Diet and Food Scanner: Use the ShopWell bar code scanner at home or in the grocery store to scan foods to find out if they are a good match for your diet. FREE Both Apple and Android (Healthy Habits Apps)



Take a Break! Guided Meditations for Stress Relief This app is simple and quick. It has 2 guided meditations: a 7-min work break and a 13-min stress relief versions. FREE Both Apple and Android



Breathe, Think, Do with Sesame Street :This app teaches young children how to calm down and problem-solve everyday challenges. FREE Both Apple and Android (Stress Management Apps)



Sleep Pillow Sounds lite by Clear Sky Apps LTD Sleep Pillow provides an advanced set of high quality ambient sounds, premixed for perfect sleep enhancement or relaxation. FREE Apple only (Relaxation Apps)



Chalk Draw for Kids by Teknos Interactive LLC Features Included: 8 colors to choose from, 7 chalk width settings, Eraser tool, No In-app purchases or ads FREE Apple only (Relaxation Apps)

Family Resource Center • 314.454.2350 • frc@bjc.org

The FRC is funded by generous donations made to the St. Louis Children's Hospital Foundation.

children's
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BJC HealthCare





Simple Strategies for Creating Strong Readers

Submitted by Ms. Davis, Librarian/Woodward Wildcat Editor

Without a doubt, reading with children spells success for early literacy. Putting a few simple strategies into action will make a significant difference in helping children develop into good readers and writers. Through reading aloud, providing print materials, and promoting posi-

- ★ Invite your child to read with you every day.
- ★ When reading a book where the print is large, point word by word as you read. This will help the child learn that reading goes from left to right and understand that the word he or she says is the word he or she sees.
- ★ Read a child's favorite book over and over again.
- ★ Read many stories with rhyming words and lines that repeat. Invite the child to join in on these parts. Point, word by word, as he or she reads along with you.
- ★ Discuss new words. For example, "This big house is called a palace. Who do you think lives in a palace?"
- ★ Stop and ask about the pictures and about what is happening in the story.
- ★ Read from a variety of children's books, including fairy tales, song books, poems, and information books.

Source: U.S. Department of Education, Office of Intergovernmental and Interagency Affairs, Educational Partnerships and Family Involvement Unit, Reading Tips for Parents, Washington, D.C., 2003.

